


[Training](#) / Crisis Intervention Team

# The Crisis Intervention Team

***If you are having a mental health crisis, call 911 and speak to your local law enforcement personnel. California POST does not have a Crisis Intervention Team.***

The Crisis Intervention Team (CIT) is a community partnership that addresses the needs of mental health consumers who enter the judicial system. The primary goals of CIT are to reduce injuries to officers and mental health consumers during contacts, and to appropriately redirect mental health consumers from the judicial system to the services and support needed to stabilize consumers and reduce contact with police. A component of CIT is a training academy where officers learn to safely handle mental health consumers in crisis.

## Quick Links

- [Crisis Intervention Training via POST Course Catalog](#) 
- [Mental Health Training in Law Enforcement](#)
- [SB29 Impact](#)
- [SB43 FAQ](#) (pdf)

## Contact Us

[William Baldwin](#)  
[\(916\) 227-4263](#)

The acronym “CIT” is often used interchangeably to represent “Crisis Intervention Team” and “crisis intervention training.” For the purposes of these webpages, the acronym “CIT” is intended to represent “Crisis Intervention Team” only. All other training that addresses the topic of mental health will be referred to as “mental health training.”

➤ **What is a Crisis Intervention Team (CIT)?**

➤ **Why is there a need for CITs?**

➤ **What are the goals of a CIT?**

➤ **How did CIT get started?**

➤ **What does CIT training consist of?**

➤ **Where are CIT training courses located?**

➤ **Where to find information about starting a CIT?**


➤ **Are there statistics and research available to support the need for a CIT?**

## ★ Additional Resources

- [Addictions.com](#)  
↗
- [California Crisis Intervention Training Association](#) ↗
- [California Institute for Behavioral Health Solutions](#)  
↗
- [California National Alliance on Mental Health](#)  
↗
- [California POST Mental Health Guidebook](#) (pdf)
- [CIT International](#)  
↗

***Disclaimer*** - No official endorsement by the California Commission on Peace Officer Standards and Training (CA POST) for the Additional Resources on this webpage is intended or should be inferred. The information contained on this Resources page are made available for educational purposes only and are not meant to serve as medical advice or to replace consultation with your physician or mental health provider. If you are experiencing urgent medical or psychiatric concerns, call 911 for immediate assistance.

- [Crisis Intervention Training via POST Course Catalog](#) ↗
- [Mental Health California](#) ↗
- [National Association of State Mental Health Program Directors](#) ↗
- [National Coalition for Mental Health Recovery](#) ↗
- [National Institute of Mental Health](#) ↗
- [Substance Abuse and Mental Health Services Administration](#) ↗

- [University of Memphis CIT Center](#) 

Page last updated 5/29/2024 10:00 AM

Copyright © 2024 State of California